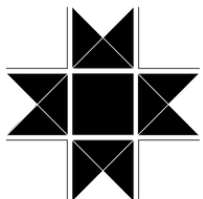




CELEBRATING



35 YEARS



KENTUCKY ASSOCIATION
OF SEXUAL ASSAULT
PROGRAMS

2025 IMPACT REPORT



KENTUCKY ASSOCIATION
OF SEXUAL ASSAULT
PROGRAMS

Letter from the Board President

This year, 6,031 survivors turned to KASAP's network of rape crisis centers and sexual violence resource programs for support from our compassionate, dedicated teams. Across Kentucky, survivors received free, trauma-informed services; our coalition continued to build safer, more connected systems of care; and communities gained tools to prevent violence before it occurs.


I am deeply grateful to our staff, advocates, centers, partners, and supporters who make this work possible every day. Your commitment ensures that every survivor in the Commonwealth is met with dignity, belief, and the specialized care they deserve.

Thank you for standing with us and for helping build a safer Kentucky for all!

Lori

Lori Wells Brown
President, KASAP Board of Directors

KASAP
P.O. Box 4028, Frankfort, KY 40604

502-226-2704 
www.kasap.org 

KASAP is funded in part or wholly by state and federal funds.

KASAP

Protecting Kentucky, One Survivor at a Time



Who We Are

The Kentucky Association of Sexual Assault Programs (KASAP) is the coalition of Kentucky's 13 regional rape crisis centers which offer free, specialized services to survivors of rape and other kinds of sexual violence. These centers help survivors through the entire healing process, from crisis to long-term recovery.

Services include: 24/7 helpline support; medical, legal, and personal advocacy; counseling; and specialized therapy. Programs also provide community outreach and awareness, prevention education, and professional training.



2025 By-The-Numbers



6,031

victims served through Kentucky's 13 regional rape crisis centers



22,536

counseling sessions provided free of charge



3,442

crisis calls answered by trained advocates



3,021

criminal justice advocacy services provided to survivors, including accompanying them to police stations and court



1,696

medical advocacy services provided to survivors, including accompanying them during medical exams



112,075

Kentuckians educated through prevention and awareness trainings and campaigns



What We Provide

24/7 Helpline	Providing immediate help in a crisis
Medical Advocacy	Helping survivors in the medical care system
Legal Advocacy	Helping survivors navigate the legal system
Counseling & Therapy	Helping survivors to heal and recover
Community Outreach	Connecting communities with resources, support
Prevention Education	Promoting safety and respect to prevent sexual violence
Professional Training	Providing trauma-informed training to professionals to improve community response

“[My local rape crisis center] has been life changing for me. They have given me so much of my security back and have made me feel peace again.

I could never have made it without them. I feel safe again. This is the best service I’ve ever used, and I don’t say that lightly.”

-Survivor Survey Response



Survivor Healing and Support

The Impact of Counseling, Advocacy, and Trauma-Informed Response

Healing Happens Here

When survivors are believed, supported, and connected to specialized care, healing becomes possible. Kentucky's communities become safer and stronger.

The **Healing Voices Project** is KASAP's statewide evaluation tool that gathers feedback from survivors. It helps us understand what survivors experience in hospitals, courtrooms, and during counseling.

Data from the Healing Voices Project shows that survivors report:

- Improvements in trauma symptoms
- Increased feelings of empowerment
- High satisfaction with the services they received
- 81% of survivors reported supportive, respectful interactions with both medical and legal personnel
- With an advocate present, victim-blaming was extremely rare (1-3%)



Real words from real Kentuckians remind us why this work matters:

"After my sessions with [my counselor], my life has transformed for the better. She has been a guiding light of hope."

"I truly believe my time here saved my life."

"She believed me — that had a profound effect on me and made me feel so much safer."

Healing Voices: At-a-Glance

A snapshot of survivor experiences across Kentucky (FY25)



574

legal
accompaniment
reviews

778

medical
accompaniment
reviews

251

survivor
counseling
surveys

31

friends and
family
surveys

KASAP Success Stories



Training That Transforms Care

When Kentucky passed **HB219**, hospitals wanted guidance. In response, KASAP led a statewide coalition to create trauma-informed training videos that are now part of the **Kentucky Hospital Association's official curriculum**. This ensures every emergency department has the tools to respond compassionately and consistently to survivors.

Comfort When It Matters Most

Thanks to a generous **\$15,662 grant from the Honorable Order of Kentucky Colonels'** Good Works program, KASAP distributed Medical Advocacy Care Bags filled with clothing and essential items for survivors leaving the hospital after an exam. A simple bag can make an enormous difference in dignity and comfort.

"These contributions offer more than material aid," said Dr. Amy Cappiccie, Interim Executive Director and Clinical Director at the Sexual Violence Resource Center of the Bluegrass. They also "help restore agency, reduce retraumatization, and **lay the groundwork for long-term healing.**"



Empowering Advocates Across Kentucky

In 2025, KASAP launched a **new 40-hour training program for victim advocates**, combining online and in-person sessions to build the skills, knowledge, and confidence needed to provide trauma-informed, survivor-centered care. Covering topics from crisis intervention to self-care, the training ensures advocates are prepared, supported, and ready to meet survivors with compassion.

Exploring Connections, Expanding Impact

In May 2025, KASAP hosted the Access Healing Summit, a free one-day training in Bowling Green supported by the Access Healing Grant. The event brought together around 100 professionals from rape crisis centers, healthcare, and substance use prevention and response. It offered Continuing Education credits and a self-care component, sparking new approaches to understanding the **intersection of substance use and sexual violence**, strengthening collaboration, and improving support for survivors across the state.

Training and Technical Assistance **Impact**

KASAP's trainings and resources give Kentucky professionals the skills and knowledge to respond effectively and compassionately to survivors, creating safer communities across the state.



17
KASAP-provided
webinars in 2025

616
total
attendees

246
unique
attendees

Key Trainings and Events



Supporting Survivors with I/DD	4-part webinar series
Tech-Facilitated Abuse & Safety	4-part webinar series
Legal Advocacy	full-day virtual training + new fully online course coming 2026
PREA Workshop	full-day, in-person (Frankfort)
PhotoVoice Training	2-day, in-person (Lexington)
Access Healing Summit	full-day, in-person (Bowling Green)
Foundations of Advocacy	40-hour foundational course piloted, launching spring 2026

Preventing Violence Before It Starts

Teaching Prevention,
Changing Futures

Why Prevention Matters

Sexual violence continues to impact Kentucky families at alarming rates. CDC data shows that 39% of Kentucky women and 18% of men have experienced contact sexual violence in their lifetimes. A 2019 survey found that 12% of high school girls and 5% of boys experienced sexual violence in the past year.

Prevention education equips young people to recognize abuse, set boundaries, and speak up, creating safer schools and communities across the Commonwealth.

A Student's Story

In early 2025, a middle school student in the Owensboro area recognized and reported sexual abuse by a teacher because of lessons she received at school from New Beginnings' trained prevention educators.

Her disclosure led to immediate intervention, showing how prevention can change the course of a child's life.

"Before I was scared to say anything and couldn't recognize violence or bullying, but now I have been able to see the signs and say something."

- Kentucky high school student after their prevention training



83

**schools and communities currently
working on prevention**

38

**Prevention
educators**

915

**Trainings
provided**

10,181

**Students
reached**

Policy In Action

Building a Safer Kentucky

KASAP plays a vital role in advancing **survivor-centered legislation** in Kentucky.

As the statewide coalition for all 13 regional rape crisis centers, we work year-round with lawmakers, state agencies, survivors, and community partners to strengthen protections, expand services, and support meaningful prevention.

From helping draft bills to offering expert testimony, **KASAP ensures survivors' needs remain at the heart of Kentucky's legislative process.**

KASAP's 2025 legislative wins

HB
219

Secured mandatory SANE/SAFE training for EMS staff to improve survivor care in emergency settings.

HCR
20

Launched a statewide study to address gaps in SANE access—positioning our centers to shape data-driven policy.

SB
73

Helped criminalize sextortion and introduce school-based awareness to protect youth.

HB
38

Strengthened protections by increasing penalties for repeat protective order violations involving force or threats.

SB
181

Expanded schools' ability to provide age-appropriate child sexual abuse prevention education.



In May, KASAP honored Representative Rebecca Raymer with the **Champion for Justice Award** at Med Center Health in Bowling Green. Nearly 40 advocates, nurses, members of law enforcement, and community leaders gathered to celebrate her work on HB219 and HCR20. Jenna Cassady, KASAP's Staff Attorney, and Melissa Whitley, Executive Director of Hope Harbor, shared remarks on the real-world impact of these policies, highlighting how policy and compassion together strengthen survivor care across Kentucky.

KASAP FUNDING

Thank You to Our Funders

KASAP's work is sustained through the generous support of state, federal, local, and private funders who **ensure that survivors across Kentucky can access trauma-informed services at no cost.** Because of your investment, our 13 regional centers are able to provide free 24/7 crisis response, long-term counseling, medical and legal advocacy, and prevention education in communities across the Commonwealth. Your partnership makes safety and healing possible for thousands of Kentuckians each year.

The Impact of Funding

- ✓ **Train professionals across sectors to recognize and respond to sexual violence**
- ✓ **Staff 24-hour crisis response teams**
- ✓ **Provide advocacy and counseling services at no cost to survivors**
- ✓ **Reach rural and underserved areas with consistent support**

State Funding = \$7,776,079

Federal Funding = \$5,658,721

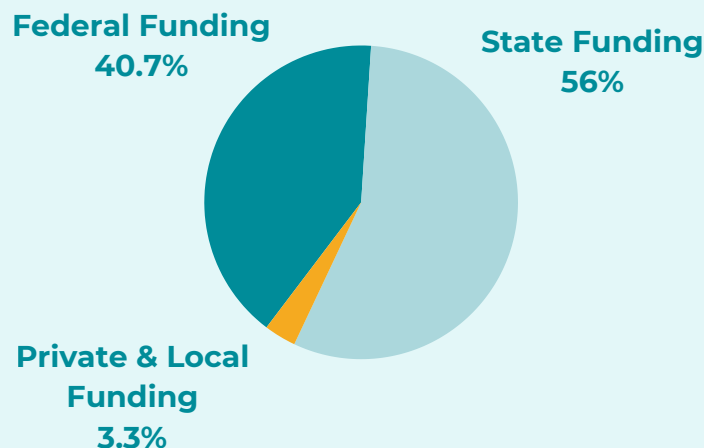
Federal funding includes:

Victims of Crime Act = \$3,200,290

Other Federal Funding = \$2,198,611

- Violence Against Women Act
- Office of Violence Against Women
- Rape Prevention & Education Program
- Centers for Disease Control & Prevention
- Preventive Health & Health Service Block Grant
- Sexual Assault Services Program

Private & Local Funding = \$453,962



Our Team & Commitment

KASAP Board of Directors

Lori Wells Brown, President
Melissa Whitley, Vice President
Karla Ward, Treasurer
Heather Greene, Secretary
Christy Burch
Amy Cappiccie
Jillian Carden
Kelly Coker
Zenebia Law
Mary Miller
Megan Rookard
Cecelia White
Jasmine Wilson-McKenzie

KASAP Staff

Jenny Bergman, Interim CEO
Jenna Cassady, Staff Attorney
Astraea Howard, Prevention Coordinator
Serenda LoBue, Collaboration Specialist
Joan Mattingly, Chief Financial Officer
Emily McKenzie, Community Engagement Coordinator
Robyn Pizzo, Communication Specialist
Eve Rabinoff, Training Coordinator
Emily Tamas, Program Coordinator
Jeff Zingg, Accounting Specialist

Accessibility

KASAP is committed to ensuring our programs, publications, and services are accessible to all Kentuckians. This report is available in alternative formats upon request. If you need accommodations or accessibility support, please contact us at info@kasap.org.

Looking Ahead: Priorities for 2026

Because the 2026 Kentucky legislative session is a **budget year**, maintaining stable state funding will be an important priority to ensure our services remain **free and accessible** for survivors statewide.

In the year ahead, KASAP will expand prevention education, strengthen partnerships with hospitals and schools, increase statewide training for professionals, and continue improving access to trauma-informed services in rural and underserved communities.

Our focus remains clear: build a safer Kentucky by **supporting survivors, empowering communities, and preventing sexual violence** before it occurs.



2025

