### **APRIL 2022**

## MOVEMENT MINUTE

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# WAYS TO CONNECT



With so many exciting changes happening at our centers, it can be hard to remember all the ways you can connect with other advocates and staff at KASAP! Next month's "Ways to Connect" will highlight all of our amazing workgroups and committees, get details on whom to contact to join and more. Feel free to email advocacy@kasap.org for any questions before the next issue.

Advocate's Network
PREA "Zoom-Ins"
Access Healing Project
Movement Minute Planning

Annual Conference Planning
Technical Assistance/Support
SAAPM Planning
Workgroups and Committees

# DATES TO REMEMBER



**April 18th 11am EST**: Ampersand Mobile Unit Ribbon Cutting Ceremony

Click here to RSVP

**April 18th 4pm EST**: Green Dot Mural Presentation at Hopkinsville-Christian County Public Library (Sanctuary)

No registration needed! Come as you are and support

**April 20th**: Anti-Oppression workgroup meeting

Email advocacy@kasap.org for details

**April 21st:** PREA workgroup meeting

Email collaboration@kasap.org for details

**April 27th 12pm EST**: "Fighting Against Sexual Harassment in Housing" webinar

Click here to register

**April 28th**: SANE "Zoom In" (PREA)

Email collaboration@kasap.org for details

# ACCESS HEALING PROJECT



Hello again! Part of the work I am doing is building an advisory council that will help inform the board and state centers of better practices to be more open to folks who are LGBTQ, BIPOC, and/or part of the substance use community. We are now actively recruiting members for the council!

The council members will receive an hourly rate (\$40/hour) for their time and expertise. Meetings will be once a month (virtually) and select members will attend quarterly KASAP board meetings. There may be other obligations but on a project basis. Our goal is to have our first meeting by August 2022.

I'm incredibly excited about this council and the plans that are in the works as this project continues. Please let me know if you have any questions or concerns. Feel free to send this to agencies, colleagues, or friends that would be a good fit for the council. Please include me in those emails, for follow-up and any other questions they may have. Please feel free to email me at aturner@kasap.org if you have any questions.

The application link is live and will be open until July 1st! Read below for the requirements and the hyperlink to the form. You can also access it at <a href="https://www.kasap.org/healing">www.kasap.org/healing</a>.

#### MEMBERS OF THE COUNCIL MUST BE:

- A current Kentucky resident (we want to reach all 120 counties!)
- LGBTQ, BIPOC, and/or part of the substance use community (sobriety is NOT a deciding factor for the council)
- Have a connection to sexual violence (advocate, survivor, etc.)

Applications will close on JULY 1ST.

The form can be accessed and submitted by clicking <u>here</u>.

### **LUNCH & LEARN**

Check out this section each month for all things L&L and other future trainings

The second session in this year's Lunch & Learn's series was a great success! Thank you to everyone that attended and participated with us. We had almost 80 people in attendance and received so much great feedback both about the content and about the amazing presenter, Mrs. Tanya Boyd! Below is part of the description:

"This interview and call to action with Tanya, an RCC staff member who has worked in our field since 1989. Tanya will share with us the shift from community-based to systems-based services, the importance and uniqueness of rural programs, the retired community, what is still missing, and more."

If you were unable to attend the live session, you can access the recording by clicking here. Please email advocacy@kasap.org if you have issues accessing the recording or registering for any future sessions. You can also still complete the feedback form for any sessions you attended, either live or a recording, by clicking the text titled "Feedback Form". Thank you for the continued support and engagement with this series!



Feedback Form

Register for Session 3 here

## Remaining Sessions of 2022

May 25th: Fatphobia & Sexual
 Violence Part 2

### Break for summer-no session

- September 21st: Topic TBD
- November 23rd: Substance
   Use and Sexual Violence

## Looking Ahead in 2023: Systems Series

In continuing our work of expanding our knowledge and improving service delivery through an anti-oppression lens, we will be focusing on different systems we utilize, and their connections with sexual violence.

Check here in next month's issue for more details!

## PREVENTION CORNER

It's My Space is a Kentucky-specific adaptation of an evidence-based middle school primary prevention program that teaches students about personal boundaries (i.e. what's okay and what's not okay). The



program includes four classroom sessions where students participate in engaging activities and discussion to deepen their understanding of personal boundaries. Additionally, students complete a school hotspot mapping activity where they identify the spaces in the school where they feel safe, unsafe, or in-between. Prevention Educators use this information to work with school administrators to make changes to the school environment to keep students safe. It's My Space is being implemented in 18 middle schools across the Commonwealth by highly trained rape crisis center Prevention Educators.

Since the implementation of It's My Space started in 2018,

5,000+

Kentucky middle school students have gone through the program.

### **Learning Objectives**

After completing the It's My Space program, students will be able to...

- Define their own personal boundaries
- Communicate their personal boundaries
- Recognize signs of someone's boundary being crossed
- Understand the importance of respecting people's boundaries

#### **How We Know It Works**

Research on the program It's My Space was adapted from showed reductions of... Research source click here\*

26%

for sexual harassment.

50%

for physical and sexual dating violence

**32%** 

for peer sexual violence

### **Let's Connect**

If you are interested in more information about It's My Space or want to get involved in supporting the program, contact KASAP's Prevention Coordinator, Astraea Howard at ahoward@kasap.org.



### Questions? Suggestions? Feedback? Let us know!

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