Rape will end when men become part of the solution.

- Understand that cooperation is power
- Realize all women in your life are affected by rape
- Know that rape is not an aggressive form of sex, but a sexual form of aggression

- Remember, victims of rape are never at fault
- Don't make or laugh at sexist, homophobic, or racist jokes
- Don't buy or support pornography
- Take action now

- Don't use crude language to describe women
- Treat women with respect
- Support her decisions about sex
- Talk to other men and speak out your anger about rape

For help or more information about sexual violence contact your local rape crisis center at 1-800-656-HOPE