The Kentucky Association of Sexual Assault Programs, Inc. (KASAP) is the statewide coalition of the 13 regional rape crisis centers in the Commonwealth.

KASAP’s mission is to speak with a unified voice against sexual victimization. In support of this mission, KASAP provides technical assistance; facilitates collaboration; promotes public awareness; and develops, promotes, and monitors public policy.

This report provides a brief overview of activities and accomplishments of the association from January 2009 to December 2010.

“This report reflects the cooperative efforts of the KASAP board and staff over the period of January 2009-December 2010. As KASAP starts its 21st year, we continue our focus on collaboration to end sexual violence in Kentucky.

We at KASAP express gratitude to our many community partners, funders, and allies whose contributions have greatly enhanced our successes”.

-Eileen Recktenwald, KASAP Executive Director
BOARD OF DIRECTORS

During the reporting period, KASAP conducted quarterly Board meetings and associated committee meetings. New officers were elected in July of 2010. As a result of staffing changes at the rape crisis centers, 23% of the Association’s existing directors were appointed during the current reporting period. Orientation and training was provided for all new members.

KASAP STAFF

During the reporting period, KASAP was able to add several team members utilizing federal grant monies.

**Chestina Bradley** joined KASAP as a permanent part-time accounting assistant to help manage budget, audit, and reporting requirements. This position is paid for with state contract funds.

**Brooke Noble** serves as KASAP’s Resource Specialist on contract. She is reorganizing and updating the KASAP library and is contributing to the website redesign. Brooke is also the editor for the KASAP newsletter Believe Me. This position is funded with new federal Sexual Assault Services Program (SASP) funds.

**Melissa Edlin**, RN, BSN, SANE contracts as the Statewide SANE Coordinator to manage CE provision for nurses and to provide statewide training and technical assistance.

**Missy Rittinger**, RN, SANE has contracted as a trainer to assist with statewide SANE/SART training.

**Lana Stephens** is working on the redesign of the KASAP website and created the design and layout for the printing of the SAFE Exam tool Kit and the NPEP Plan of Action. This is a temporary position funded with VAWA ARRA funds.

**Tisha Pletcher** serves as Prevention Coordinator on contract and provides support and guidance to rape crisis center staff as they implement the Green Dot Project in their communities. This is a temporary position funded with VAWA ARRA funds.

**David Smith** provides technological support to KASAP on contract and has worked to upgrade the server and network system. This is a temporary position funded with VAWA ARRA funds.

**Stephanie Townsend**, PhD, contracted with KASAP for two years to develop and pilot a survivor empowering program service evaluation tool. The Healing Voices project was piloted in fiscal year 2010. Analysis and tools for future analysis were provided to KASAP by Dr. Townsend. This project was funded with state contract funds in year one and VAWA ARRA funds in year two.
**KASAP INCOME & EXPENDITURES**

**UNAUDITED**

**JANUARY 2009 - DECEMBER 2010**

**INCOME**

- State General Fund $6,743,099
- Federal Grant Allocations $3,015,092
- Other Income (Dues/Fees/Carry forward Funds) $162,237

**Total State Contract Funds - for Distribution** $9,920,428

**EXPENDITURES**

- Pass-through to Rape Crisis Centers - (State Contract) $7,903,961
- Salaries & Benefits & Related Costs $816,004
- Consulting Services (Contractual Agreements) $267,272
- Other Operating Expenses $933,070

**Total Expenditures** $9,920,307

**Net Income / (Loss)** $121

*Based on Year-end Financial Statements

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**SERVICE PROVISION**

**SERVICE STATISTICS**

**JANUARY 2009 - DECEMBER 2010**

- Primary Victims Served 9,480
- Family & Friends Served 3,141
- Crisis Calls 8,012
- Advocacy Services 10,179
- Counseling Services 29,966
- Education Programs 10,788
- Education Participants 327,913

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*KASAP’s Mission: to speak with a unified voice against sexual victimization.*
Sexual Assault Awareness Month

To bring the issue of sexual violence to the forefront of Kentucky’s awareness, KASAP organized and implemented statewide recognition of Sexual Assault Awareness Month (SAAM) in March 2009 and March 2010. Each year, KASAP organized several events for statewide impact, including the Proclamation of Sexual Assault Awareness Month by the Governor, resolutions by the Senate and House of Representatives, and the display of the KASAP quilt project at the Capitol.

In 2009, SAAM activities focused on recognizing contributions towards ending sexual violence. KASAP developed and provided the following materials for statewide distribution: SAAM Resource Packets (180), posters in English and Spanish (500), and various promotional items (21,698).

In 2010, campaign materials provided for statewide distribution included: Events Planning Guide for Rape Crisis Centers and Allies (180), “Facts About Sexual Violence” (10,000), Posters (10,000), “Common Responses to Sexual Violence” (5,000), and various promotional items (20,000+).

KASAP also recognized eight individuals with Sexual Assault Awareness Month Awards (SAAMys) and two programs with Innovative Program Awards.

Green Dot Kentucky

Historic work has continued this reporting period. All 13 of Kentucky’s rape crisis centers began implementation of the Green Dot Program in their regions. In addition, the University of Kentucky received a grant from the Centers for Disease Control and Prevention (CDC) and in collaboration with the coalition, will evaluate the program as it is piloted in 13 high schools across the state. As part of this project, prevalence data was collected from over 29,000 high school students across the Commonwealth. This is the first time that such data has been collected.

Believe Me: The KASAP Newsletter

With a direct-mail circulation of over 2000 individuals and agencies, this publication increases awareness about the activities of KASAP and its member programs throughout the Commonwealth. Issues of particular focus during the reporting period included: Primary Prevention, Human Trafficking, HIV Prophylaxis, Sexual Assault Forensic-Medical Examinations, and compliance with state and federal laws.
**Forensic Photography**

In collaboration with the Department of Criminal Justice Training (DOCJT) and the Kentucky State Police (KSP), KASAP was awarded grants to provide new equipment for training and field use. DOCJT received 25 cameras and KSP received 125 cameras and accessory equipment for each.

**Sexual Assault Forensic-Medical Exams Toolkit Compliance Guide**

In collaboration with the Sexual Assault Response Team Advisory Committee, KASAP published this compliance guide and distributed it along with toolboxes containing essential exam elements to every hospital that provides emergency services in Kentucky.

**EMPOWER II: Enhancing and Making Programs and Outcomes Work to End Rape**

Over the last two years, KASAP has been a primary collaborator in the EMPOWER II project, the cooperative agreement the Cabinet for Health and Family Services has engaged in with the Centers for Disease Control and Prevention (CDC). The project was designed to build Kentucky’s capacity to provide primary sexual assault prevention programming. Kentucky has participated along with five other states in this cooperative agreement. As a result of the project, Kentucky has convened a State Prevention Team comprised of leaders involved in every aspect of prevention involving the public health approach. The team has completed a State Plan for the Prevention of Sexual Violence Perpetration. As a result of creating the plan, the rape crisis centers have taken the unprecedented step of choosing to provide one prevention program statewide, as previously noted.

**Project SAFE: Safety & Accessibility for Everyone**

In 2005, KASAP spearheaded this multi-disciplinary collaboration dedicated to enhancing Kentucky’s capacity to provide accessible and comprehensive person-centered services to individuals with disabilities who have been subjected to sexual assault and/or domestic violence. During the reporting period, KASAP coordinated collaboration with the state Americans with Disabilities Act (ADA) Coordinator, Protection and Advocacy, the Department of Behavioral Health, the Office of the Attorney General, Kentucky Domestic Violence Association, and others to address unmet needs. Project SAFE developed a modulated training curriculum, trained service providers in a wide variety of settings, and provided technical assistance throughout the Commonwealth.

In 2008, the Office on Violence Against Women awarded a three-year grant to KASAP to support Project SAFE’s efforts toward systems change. Under this grant, Project SAFE is charged with assessing the needs of individuals with disabilities in Kentucky who have been subjected to sexual assault and/or domestic violence; evaluating the changes that need to be made; and implementing those changes. KASAP was also awarded a grant from the Kentucky Council on Developmental Disabilities to support the Disabilities-Related Track at the 10th Annual Ending Sexual Assault & Domestic Violence Conference and provide scholarships that enabled disability-related service providers to attend the Conference and the Green Dot Institute.
National Summit to End Domestic Violence

KASAP provided staff and volunteer coordination for this summit hosted by the Mary Byron Project in November of 2009. The summit showcased innovative programs from around the nation.

Kentucky Medical Association: Subcommittee on Domestic Violence

KASAP participates in this multi-disciplinary team to promote positive medical care experiences for victims of interpersonal violence. KASAP, along with other community representatives, meets quarterly with the association to support and influence victim specific protocol.

Council on Domestic Violence and Sexual Assault – Sexual Assault Response Team Advisory Committee

Pursuant to KRS 403.700, this Council was established to address a wide variety of issues related to sexual assault. KASAP co-chairs, staffs, and hosts this committee that meets on a monthly basis to address state level policy and protocol issues.

Louisville Immigrant and Refugee Taskforce

KASAP has coordinated and staffed this local taskforce to enhance service response and access to victims of sexual violence in the immigrant and refugee population. The taskforce consists of multiple local representatives from service provision programs and local government offices.

Kentucky Sex Offender Management Task Force

This collaborative effort, convened by the Justice and Public Safety Cabinet, brought together a wide range of professionals, including: sex offender treatment providers; probation and parole personnel; prosecutors; judges; and others. KASAP participated to represent the interests of the victim service providers as this task force developed recommendations for improvement of sex offender management systems.
KASAP offers technical assistance by developing and implementing training, evaluation tools, curricula, and by providing other educational opportunities.

**Ending Sexual Assault and Domestic Violence Conference**

This annual conference is hosted by KASAP and the Kentucky Domestic Violence Association. This event is KASAP’s most significant single effort to provide professional development opportunities for the advocate community. The 2009 and 2010 conferences each featured over 50 workshops and plenary sessions relating to multiple topics. In addition, the 2010 Conference was expanded to add three special conference events: Forensic Photography, Advocacy for the Deaf and Hard of Hearing, and Green Dot Primary Prevention Program.

Sexual Assault Response Team (SART) Training Nurses, advocates, and law enforcement officers from all parts of Kentucky have attended SART training sponsored by KASAP and local programs. Nine training weeks during the two-year period provided collaborative skills on responding to victims of sexual violence for approximately 135 nurses and 110 law enforcement officers.

**SAFE Exam Compliance**

With the distribution of the SAFE Exam toolkits, KASAP provided 12 training events across the state for over 100 medical personnel regarding the SAFE Exam and the federally mandated non-reporting option for victims.

**KSP: Responding to Sexual Violence**

The Kentucky State Police invited KASAP to provide 11 one-hour training sessions regarding the SAFE exam and responding to sexual violence. Over 100 troopers received this overview session.

**National Sexual Violence Conference**

KASAP staff presented a workshop about the Healing Voices project and the process for development of this survivor empowering evaluation instrument.
Some successful new initiatives that have occurred during this period in order to support KASAP’s programs.

**KASAP Strategic Plan**

The KASAP Strategic Plan was updated in April 2009 and includes an outline of the Association’s goals and projected growth over the next 5 years.

**Supporting Inter-Agency Collaboration**

Based on requests from member programs, KASAP hosts a quarterly meeting for the rape crisis center clinical staff designed to facilitate peer collaboration and enhance statewide clinical service to clients. Mini-training is provided in this venue specific to need expressed by the clinicians.

**Evaluation and Assessment**

In an ongoing effort to assist rape crisis centers with service evaluation, KASAP contracted with a national expert to develop new evaluation tools that empower clients while providing valuable feedback to programs. The Healing Voices Project was piloted in FY 2010 and initial results from survivor self-reports provided statistical evidence that services provided by the rape crisis centers do contribute to improved well-being for survivors.

KASAP has incorporated all current statistical and demographic reports into a feedback document provided to programs at least one time per year. This document provides an overview of service trends both at the local and state level.

To further assist programs that are unable to purchase a client database, KASAP has developed a spreadsheet based database that will automatically populate quarterly reports for state and federal funding sources.

**Board Training**

Board Training was provided for two local rape crisis center boards of directors to facilitate board assessment and growth at the local level.

**Volunteer Training Manual**

KASAP continues its work on the revision of the volunteer training manual into an advocate training resource manual that will include a recommended curriculum for all rape crisis center personnel.