

MOVEMENT MINUTE

Introduction

Welcome back and Happy Black History Month! Thank you to everyone who read, shared, and provided feedback on our first issue of the Movement Minute. This publication is made for advocates by advocates and your feedback is vital to ensuring that the content each month is challenging and thought-provoking while leaving you with prompts or topics of conversation to have within your center, and (begin) to change how you see the world.

Access to the full reference list can now be found at the end of each issue and you can also access linked content directly from the page. For any word or title that you see underlined on a page, you are able to click on it and go directly to the content. This is to eliminate having to take extra steps to access the information and make it easier to share with others.

The page setup is the same as last month with mainly color template and formatting changes. Our ongoing topic, exploring the Non-Profit Industrial Profit (NPIC), now has its own page entirely, where we will connect the information in the previous issue to the current one to help us better understand our role in NPIC and how that role impacts how we do our work with survivors.

"Watch/Listen/Read" has been renamed "Learn and Unlearn" where you will find additional resources to help you continue expanding your knowledge on the content. Each resource listed in that section is hyperlinked as well.

You can find the feedback form link hyperlinked at the end of the issue. These changes were made in hopes of increasing the number of people reading each month, as well as improving reader accessibility.

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The Non-Profit Industrial Complex: INCITE! Book Club

In last month's issue, we started the conversation on the Non-Profit Industrial Complex (NPIC). NPIC is a mutually beneficial system of relationships between any of the following:

- 1. "The State", which can mean any level of government, or authority funded by the government in some way**
- 2. the Owning Class (generational wealth, large land owning, think long-term donors of an organization, etc.)**
- 3. Foundations (a non-governmental agency that provides grants or blocks of money to nonprofit agencies, examples being the Gates Foundation, Susan G. Komen, or Livestrong)**
- 4. Non-profit agency or NGO (non-governmental organization)**

The main goal of NPIC is to both control the movements and daily work of non-profit agencies while diminishing the efforts and work of social justice movements. A non-profit that receives funding from the state (each RCC in Kentucky does) is not a grassroots agency. As advocates, we are both oppressive and oppressed while functioning within NPIC. We must adhere to the grant requirements given by our funders (could be the state, a foundation, or even independent big donors) with the agreement that if not followed that funding will be pulled.

We become advocates because we care about our community and the safety of others so naturally, we follow and do not question what our grant requirements are because no money = no help and we are bad advocates if we let that happen. That is what NPIC needs us to think in order to thrive and continue. NPIC needs non-profits working in a scarcity mindset, assuming that with any mistake or critique that funding will be pulled, survivors left unsafe, jobs lost, and doors closed.

That's a scary way to have to work. While this is happening, less money and fewer resources are being put into the very communities that we as advocates are wanting to support. This, along with a white savior complex that is common in non-profit work, and you can see how resentment and assumptions can occur. When survivors don't come to our center, we're told it's because we need more funding for x service, or we're always at max capacity in the shelter because we need a bigger building, therefore, need more money, and not told it's because survivors don't want to have any involvement with the state, which includes us. Or maybe survivors were already happy with the way they were receiving support and services in their own community, but that funding was taken and given to a non-profit instead. Does this sound familiar to you? If you talked to someone who worked at a non-profit but not a rape crisis center, would this sound familiar to them?

Each month we will work to collectively expand our understanding of how we play into NPIC, and the ways we can question and challenge this system together. To help us in that journey, we will be breaking down INCITE!'s book "The Revolution Will Not Be Funded", chapter by chapter, to provide us with the history, language, and actions steps needed. We will start with the forward and introduction in the March issue.

Fatphobia and Sexual Violence

The first session of the 2022 Lunch & Learn series was held on January 26th and entitled "Fatphobia and Sexual Violence." The session explored the definition of fatphobia and diet culture, the racist history of both, the intersection of diet culture and rape culture, and how fatphobia impacts sexual violence survivors. The session also looked at ways fatphobia and diet culture show up in our workplaces.

Below are some of the examples from the presentation. If you are interested in learning more, you can access the recording by clicking [here](#). The passcode is V@3UJ#57 in case you are prompted to provide it.

- Having "wellness" (weight-loss) challenges as a staff
- Dress code requirements (also sexist, transphobic, racist, xenophobic, classist, ableist, etc.) *including theme wear, holiday wear, awareness month wear*
- No ramps or elevators inside or outside the building (ableist as well)
- Only offering clients at a shelter (or the hospital) that only go up to 2 or 3x
- Hospitals and SANE clinics not offering clothing and gown sizes bigger than 3x
- All marketing and educational information features thin/straight-size people in the stock photos
- Having chairs in shelters and/or offices that do not accommodate fat people
- Centering employee wellness retreats on exercise/moving your body without offering ample other options-without pressure or judgment



What do you know about the racist history of fatphobia?

Start A Dialogue: Pronouns

In April 2021, the Anti-Oppression working group presented the KASAP board with the first of two sets of proposed standards of practice. The standards were formed from the 2020 Employee Survey data, among others. The April proposed standard focused on the inclusive use of pronouns in the workplace.

How is your center's use of inclusive pronouns? When doing introductions during meetings, does everyone say their pronouns? Do you feel comfortable/safe announcing a pronoun change at your center? Do you feel safe and comfortable correcting someone who misgenders you at work?

Inclusive use of pronouns can also include email signatures with pronouns displayed, Zoom calls with pronouns displayed, client intake paperwork that asks about pronouns, and more.

Bring this up at your next staff meeting or supervision to see where your center stands and connect with advocacy@kasap.org for implementation support and sustainability.

You can read the full standard [here](#).

Center Spotlight: The Rising Center

Learn and Unlearn

The Rising Center is 1 of 13 rape crisis centers across the Kentucky River Region of Eastern Kentucky. This center serves 8 counties which include Lee, Owsley, Wolfe, Breathitt, Perry, Knott, Letcher, and Leslie counties. The Rising Center is housed within Kentucky River Community Care, a larger Community Mental Health Center (CMHC). The main office is in Hazard.

The Rising Center was the last rape crisis center of the 13 to be established. Previously known as the Kentucky River Rape Crisis Center, was renamed The Rising Center in 2013. Services offered include crisis response, volunteer services, advocacy, therapy, violence prevention education, and PREA services.



To find more information regarding services offered by The Rising Center or ways to connect with another RCC advocate, visit their website at therisingcenter.org or call at 606-373-6146.

["That Rut You're In – This One Word Could Pull You Out": Ten Percent Happier \(Podcast\)](#)

["Stop Whitewashing Social Work History: Tell the Truth": Doin' the Work \(Podcast\)](#)

[Maintenance Phase Podcast](#)

["What About the Rapists?" by Mariame Kaba and Eva Nagao \(zine\)](#)

["Fearing the Black Body" by Sabrina Strings \(linked to a review of the book and story map\)](#)

["Belly of the Beast: The Politics of Anti-Fatness as Anti-Blackness" by Da'Shaun Harrison \(linked to an interview with Harrison and book discussion\)](#)

["Practicing Abolition, Creating Community" by Project NIA \(zine\)](#)

["A Letter to the Anti-Rape Movement" by Mariame Kaba](#)

[Defund Police by Project NIA \(video\)](#)

[How White Feminism Failed in the Age of Trayvon Martin \(article\)](#)

Want to provide feedback on the Movement Minute? Click here

You can access the January 2022 issue by clicking here.

The full reference list by the issue can be accessed by clicking here.

For more information on KASAP click here.

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This project was supported by Subgrant Number VAWA-2021-KASAP-00028 awarded by the Kentucky Justice and Public Safety Cabinet for the Office on Violence Against Women, U.S. Department of Justice's STOP Formula Grant Program. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Kentucky Justice and Public Safety Cabinet, the Commonwealth of Kentucky, or the U.S. Department of Justice.