

JUNE 2022

MOVEMENT MINUTE

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WAYS TO CONNECT

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Robyn Pizzo	Communication Specialist
Laela Kashan	Staff Attorney
Olivia Given	Advocacy Specialist
Astraea Howard	Prevention Coordinator

Welcome back! For the next few issues, we will be focusing on ways you can connect to KASAP staff. Depending on your position, there are multiple staff members to work with through technical assistance as well as attending their workgroups or committees.

Starting in the August issue, you can learn more about each person's role and duties, as well as contact information. Feel free to email advocacy@kasap.org with any questions.

UPCOMING EVENTS

6/14-6/17 Green Dot Institute

6/15 A-O workgroup meeting (email Olivia for details)

6/16 Green Dot Community Implementation Team (GDCiTy) Meeting
1-2PM EST/12-1PM CST

***GDCiTy only open to RCC staff implementing Green Dot Community**
(email Astraea for details)*

6/16 PREA Work Group meeting at 2:00ET/1:00CT (email Serenda for details and link)

6/30 Zoom In 11:00ET/10:00CT (email Serenda for link)

If you would like your center or community events added to the schedule in a future issue, please email Olivia at advocacy@kasap.org with details and any links if applicable.



We are taking a Movement Minute break in July and will return August 8th!

LUNCH & LEARN SERIES

Only two sessions left of the series! Next up is September 25th at 12pm EST/11am CT discussing Homophobia and Sexual Violence.

Thank you to everyone that was able to join for part 2 of our conversation around fatphobia and sexual violence, "Fat Representations in Media and the Impact on Survivors". You can access the recording of the session [by clicking here](#) or you can email Olivia at advocacy@kasap.org for access. Please be sure to complete the feedback form once you watch the recording. The information from that form goes directly into helping shape future Lunch & Learn sessions. You can access the feedback form [by clicking here](#) or with the URL <https://forms.gle/tWXZRmQvn93GtraB8>.

Below is a graphic created from the content and conversation that came out of the session. It shows the similar and unique impact on survivors and us as advocates as a result of fatphobia, diet culture, and media representation of survivors, fat folks, and fat survivors. I hope this graphic makes things easier to understand and be a jumping-off point for more conversations about this topic in your center and the larger community. You can access the downloadable PDF version of this graphic [here](#) or you can email advocacy@kasap.org.

How do fatphobia and diet culture, and media representations of fat folks, impact the lived reality of survivors of all sizes, RCC services, and staff?*

Impact on survivors

- Hypervisibility & erasure
- Less likely to be believed
- Being labeled as "difficult" or "lazy"
- Increased victimization
- Negative structural and policy changes
- Distorted eating or self-harm
- Unsafe or unhealthy romantic relationships

Impact on us and our work

- **Decreased access to services**
- **Low quality of services**
- **Internalized fatphobia**
- **Substance use**
- **Other harmful coping skills**
- **Not supported**
- Fat survivors don't feel safe
- Fat staff members don't feel safe
- Internalized fatphobia from staff put onto survivors
- Agency policies centered on diet culture and/or fatphobia
- Hiring and promotion discrimination toward fat staff members

connecting it all together

*RCC stands for "rape crisis center"

PREVENTION CORNER

Program Overview

Green Dot is an evidence-based primary prevention program designed to teach participants safe ways to intervene in situations of bullying, dating/domestic violence, sexual harassment and assault, and child abuse. The program includes two components: the Overview Speech and the Bystander Training. The Overview Speech is a 45-minute high-level training delivered to all students in a school or all members of a community. The Bystander Training is a 5-hour intensive training with identified Popular Opinion Leaders (POLs) in a school or community. POLs are individuals who have influence in a community; people that others respect and trust. To reach optimal effectiveness, 15% of a population must complete the Bystander Training.

Learning Objectives

Participants will be able to...

- **Identify unsafe or harmful situations**
- **Understand barriers to intervention**
- **Know how to intervene**
- **Know how to promote positive social norms**



How We Know It Works

Research from the University of Kentucky in partnership with KASAP in Kentucky high schools showed that when Green Dot is implemented in its entirety rates of violence are substantially reduced.

21%
reduction

in perpetuation of
sexual violence

30%
reduction

in perpetuation of
dating violence

If you are interested in more information about Green Dot, contact KASAP's Prevention Coordinator, Astraea Howard (ahoward@kasap.org).

Data source: Coker, A. L.; Bush, H. M.; Cook-Craig, P. G.; DeGue, S, A.; Clear, E. R.; Brancato, C. J.; Fisher, B. S.; and Recktenwald, E. A. (2017). RCT Testing Bystander Effectiveness to Reduce Violence. American Journal of Preventative Medicine 52(5): 566–578.

ACCESS HEALING PROJECT



Hello again! My name is Amy Turner (she/they) and I am the Access Healing Project Coordinator at KASAP.

Robyn and I (Robyn Pizzo, Communication Specialist) have been conducting council interviews over the last few weeks and I wanted to give you an update on what has been happening. We have representation from every region!

Twenty four counties are represented by thirty-seven people (so far) and I wanted to say a big THANK YOU for recruiting and sending recommendations. The folks we've met are incredible!

The council application form can be accessed and submitted by [clicking here](#) or visiting www.kasap.org/education-training/get-involved/access-healing. If you have any questions my email is aturner@kasap.org.

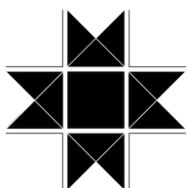
Counties represented are: Boone, Kenton, Mason, Boyd, Rowan, Elliott, Johnson, Floyd, Pike, Letcher, Perry, Harlan, Knox, Jackson, Pulaski, Fayette, Scott, Jefferson, Hardin, Daviess, Warren, Monroe, Christian, and McCracken. We have a great mix of urban and rural, and folks that are LGBTQ, BIPOC, have experience with SUD, or an intersection of the three.

Our first official meeting will be in August, applications are open through the end of June. I will admit that I didn't know what to expect when we made the initial ask for applicants, but I am more excited to get started and see what this group of people do!



**Questions?
Suggestions?
Feedback?
Let us know!**

Olivia Given (she/her)
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